

# RSFCC SPRING SESSION 1 2024

Enrichment Classes March 11 - April 19 2024

Closed April 1-5 Spring Break Tennis Camp Available



# Monday - March 11 - April 15

Hoops Basketball Skills - Coed

Mini's - Ages/Time/Cost: 4 to 6, 2:10 to 3:10, \$185

Juniors - Ages/Time/Cost: 6 to 11, 3:15 to 4:15, \$185

Our basketball classes are a high-energy mix of skills, drills, modified games, and friendly competition. These classes emphasize fundamentals and are the perfect opportunity for beginner and intermediate players to work on ball handling, shooting, passing and overall movements and knowledge of the sport.

Creative Treasure Gems - Ages/Time/Cost: 4 to 6, 2:10 to 3:10, \$225

In this fun and creative class, young designers will create a variety of art projects featuring beading techniques and more! From key chains to sun catchers, each week the class will focus on different project design techniques using an array of materials including beads, stringing materials, metal and resin. Many sparkling pieces will be created each week!

Xplorstem - Science Rangers! - Ages/Time/Cost: 5 to 10, 3:15 to 4:15, \$250

Embark on a thrilling scientific journey! Dive into captivating experiments, from crafting colossal bubbles to constructing crystal towers, train engines, and magic wands. Led by a passionate Ph.D. scientist, discover the wonders of fundamental science through engaging activities and games!

Young Chefs Academy - Farm to Table! - Ages/Time/Cost: 5 to 11, 3:15 to 4:15, \$250

Calling all budding culinary enthusiasts! Embark on a delightful journey with us as we dive into the world of cooking wonders and tasty discoveries! Our cooking adventures are packed with joy and filled with mouthwatering delights. Together, we'll uncover the secrets of how fresh ingredients are grown and harvested, bringing the magic of the kitchen to life. We'll explore the connection between delicious flavors and their fantastic benefits for our bodies. Each class is a step towards becoming a knowledgeable chef, where you'll practice basic cooking skills and techniques in a fun and interactive environment.

Intermediate Tennis at the RSF Tennis Club — Ages/Time/Cost: 9 to 12, 3:30-5:00, \$300

Taught by USTPA professionals at the RSF Tennis Club. This tennis course is for intermediate-level players who want to continue improving their skills with other children at the same level. This is not a beginner's class; student must be intermediate or higher.



## Tuesday — March 12 - April 16

LEGO® Superhero Academy! - Ages/Time/Cost: 4 to 6, 2:10 to 3:10, \$205

Superheroes-in-training: Earth's greatest protectors – in miniature version. Whether kids use Thor's hammer, Captain America's shield or Iron Man's rap lines, they can recreate their favorite Marvel movies with our endless collection of gems from the heroic world of the Avengers.

Combat Robots using LEGO® Materials - Ages/Time/Cost: 5 to 10, 3:15 to 4:15, \$205

Do you think your child can build the strongest and most agile robot? Can their robot win a head-to-head combat mission? Your child will discover basic strategies for building sturdy structures and then apply that knowledge to build a robot for friendly competition. They should be prepared to have tons of fun!

Kids Craft Club - Creative Crafting and Sewing - Ages/Time/Cost: 5 to 10, 3:15 to 4:15, \$195

Embark on a fun adventure of creative crafting and fashion activities! Dive into the world of artistic techniques, from creating awesome paper crafts to crafting scrapbooks that tell your unique story. Get ready to express yourself with the gentle art of hand sewing, making intricate designs that showcase your one-of-a-kind style. Have a blast designing friendship bracelets that are stylish and filled with the magic of connection. Explore diamond painting, where tiny gems combine to show off dazzling masterpieces and delight in seasonal designs and holiday projects to fill your time imagination!

San Diego Active Kids - Ages/Time/Cost: 5 to 10, 3:15 to 4:15, \$195

San Diego Active Kids program is a fun and challenging physical activities program designed for kids. For every kid, physical activity is essential for proper growth and development of both intellectual and motor abilities. The program focuses on developing a strong base in all aspects of physical development including, speed, agility, power, strength, balance and coordination!



Homework Club - Ages/Time/Cost: 5 to 11, 3:15 to 4:15, \$185

Calling all young scholars! Join us for an hour of focused homework time, armed with your classroom directions, books for reading adventures, and any materials needed to perform individual tasks. Once you conquer those assignments, prepare for the extra fun part – board games with buddies, coloring escapades, or choosing from several brain-teasing word pages and books. Let's make Homework Club a hub of creativity where learning and excitement unite!

Court's in Session at the RSF Tennis Club - Ages/Time/Cost: 5 to 11, 3:30 to 5:00, \$275

This form of tennis instruction uses a game-based approach to teach the game of tennis in a fun-filled way. The focus is on motor skills, stroke fundamentals, footwork, rules of the game, and a positive attitude through various drills and games. Drop off and pick up at RSF Tennis Club.

# Wednesday - March 13 - April 17

#### Gymnastics - The Nimble Ninjas! - Ages/Time/Cost: 4 to 6, 2:10 to 3:10, \$250

This program teaches flexibility, strength, coordination, and body awareness using gymnastics skills while building positive self-esteem in a relaxed, fun, non-competitive atmosphere. Students will be appropriately challenged as their skillset progresses. Activities include bars, tumbling, vault, balance beam, and trampoline. Our small class size allows the instructors to meet each child on their individual level.

### Youth Gymnastics - Ages/Time/Cost: 6 to 10, 3:15 to 4:15, \$250

Gymnastics helps any athlete or child be more confident in themselves and is an excellent foundation for almost any sport! Children's Gymnastics can provide physical and character development opportunities such as strength, endurance, flexibility, balance, and agility! This class is a great weekly gymnastics experience that creates the opportunity to develop gymnastics skills in a fun and safe atmosphere. We teach basic gymnastics which is well-rounded and suitable for both boys and girls!

#### **Artist Studio!**

#### Mini's - Ages/Time/Cost: 4 to 6, 2:10 to 3:10, \$215

Juniors - Ages/Time/Cost: 5 to 11, 3:15 to 4:15, \$215

Taught by artist Anu, this class is designed to bring out the artist in every child. Each project will help develop problem-solving skills, refine motor skills, and build self-confidence. Students will use different mediums, including watercolor pencils, tempura/acrylic paints, colored pencils, and oil pastels. The activities provide hands-on, creative experiences resulting in excellent works of art to bring home. They will be thrilled to share their talent with family and friends.



Scratch DJ Academy - Ages/Time/Cost: 6 to 11, 3:15 to 4:15, \$250

In our after-school program, your child will learn how to use turntables, mixers, and software, how to match beats, mix, scratch, and more. Taught by a real working DJ, students will use professional DJ equipment and laptops to create unique and exciting mixes! Beat-matching, sound effects, song selection, and transitioning are just a few of the skills the students will learn. By the end of the session students will have produced their own song mix to keep!



# Thursday — March 14 - April 18

Odyssey Adventures - Ages/Time/Cost: 4 to 6, 2:10 to 3:10, \$215

Dust off your imagination and join the kids in Odyssey for inspiring adventures that are flat-out fun! Children can experience fun and stimulating activities that encourage imagination, creativity, and learning through the power of play. The focus is on keeping kids connected, engaged, learning and smiling. We play to learn storytelling, acting, and early literacy skills. Our class will include lots of movement and we'll do something new each week!

#### Hollywood Movie Makers - Ages/Time/Cost: 5 to 11, 3:15 to 4:15, \$215

In this class, we will introduce students to the world of short film making. Students will create their own commercials, musicals, mysteries, DIY, super heroes, and detective short films. They will edit, produce and finalize their creative works of art.

#### **Etiquette** – Ages/Time/Cost: 5 to 11, 3:15 to 4:15, \$265

As your seasonal schedule fills up with parties and family get-togethers, your kids will have plenty of opportunity to show off their social graces, for good or ill. Taught by the founder of Miss Manners Prep, Mrs. Ford adds her expertise to each class. She will prepare students for behaving with polish and impeccable manners in the most regal of situations and will practice "please" and "thank you," teach table manners, work on being a good guest, practice proper greetings, and much more!

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## Friday — March 15 - April 19

Stay and Play - Ages/Time/Cost: 5 to 10, 3:00 to 4:00, \$150

Children will socialize with peers, have fun with arts and crafts, play games, enjoy movie/popcorn day and more!



## After School Hang Time Monday thru Friday

#### Kinder

2:00 to 3:00pm \$425 for session • \$25 drop-in First Grade

2:30 to 3:00pm \$325 for session • \$20 drop-in

## Extended Care for Enrichment Class Students Monday thru Thursday

4:15 to 5:00pm • \$15

Pick up is promptly at 5:00pm. An additional fee of \$15 will apply for every 15 minutes past 5:00pm.

# Register Online RSFCC.org

Membership is required to participate in after-school activities. A minimum number of registrants is required for each class.